

# Important Information For Cheerleaders

**Squads** The Cheerleaders are assigned according to age.

**Practice** Practice sessions for the regular season start July 27 2009. Our Cheerleaders will practice Monday thru Friday when school starts it will change to three days a week. Practices require a substantial amount of physical work. Practices consist of stretching, running, learning new cheers, dances.

**Uniform** All cheerleaders and mascots are required to purchase the current uniform, shoes and pom poms. The uniform fitting usually takes place early June. Participants should arrive at the fitting on time and in a bathing suit or leotard under their clothes, as time is not allowed for changing in a bathroom or fitting area bring socks to try on shoes. At the time of the fitting all Cheerleaders are required to have registered with the Beverly Hills Gators.

**Financial policy** Payment in full is required by June 20, 2009. After June 1st participants dropping out of Gators cheerleading will be given their ordered items when they are received by the Gators Cheer Director. Uniforms ordered after the original order will be subject to additional shipping charges and may not be available for opening day. BHYFA accept cash or money order or register on-line.

**Physicals** BHYFA rules require that all Cheer participants have a physical (signed by a Doctor) and the physical form needs to be on file before/at the first practice. Cheer participants that do not have their physical form turned in by the first practice will not be allowed to participate until the signed physical form is received.

**Schedules** Season game schedules and scores are posted on the Orange County Junior All American Youth Football League web site. The Beverly Hills Gators web site will post the schedule for each division and game time for the upcoming Saturday games.

**Volunteers** Our Director, Coaches and Squad Parents are all volunteers. We also ask that each cheer participant's parents get involved. You may volunteer as a squad parent, work at our snack shack at our home games or assist the assigned squad parent for your child's squad. There is always something that parents can do to help during our season. Your time and talents are always welcome. If you are interested in volunteering, please contact the Cheer Director or register on line at [www.bhgators.com](http://www.bhgators.com)

**Registration** Registration can be done in person or via the internet. Please check our home page for the dates and times of our next registration. After registration, you will also need to have a physical form filled out by a doctor. A rules of conduct will also need to be signed by both parent & Cheerleader. Both forms need to be turned in to the Cheer Director before or at the first practice. If forms are not submitted at the first practice, you will not be able to participate until all forms are turned in.

If you have any further questions please contact Unise Ward 323 506-0644